

<u>Name</u>	<u>Final Result</u>	<u>Overall Place</u>
Victor Dutra De Magalhaes	18:58.20	1
Tobias Muchene	19:03.20	2
Samuel Tony	20:08.60	3
Joanna Mansi	20:33.60	4
Claude Plamondon	21:48.20	5
Gerard Somers	22:06.50	6
Yvonne Lorimer	22:14.60	7
David Brosnan	23:01.10	8
Christopher Hirst	23:21.70	9
Marq Theunissen	23:29.30	10
Ricardo Agrella	23:37.50	11
Thean Lourens	23:59.10	12
Erik Fell	24:13.00	13
Molly Kehoe	24:41.50	14
Dmytro Mizun	24:47.00	15
Michal Segal	24:49.60	16
Jamie Fearn	25:17.10	17
Michelle Garricks	25:34.80	18
Jaco Smit	26:04.90	19
Alyssa Dodson	26:15.70	20
Louise Nicholson	26:56.40	21
Blaire-Lindsay Cooke	27:14.20	22
Mark Edmunds	27:17.60	23
Jonathan Crawford	27:34.30	24
Ryan Kaplan	27:42.50	25
Sally Collyer	28:40.00	26
Richard King	28:46.40	27
Ounesh Reebye	28:51.40	28
Gary Redfern	29:00.40	29
Lisa Kehoe	29:21.50	30
Cherie Branch	29:22.80	31
Ozair Siddiqui	29:30.40	32
Siew Leung	30:13.70	33
Nicholas Gaze	30:14.80	34
Jaryd Moore	30:15.00	35
Adam Mcwatt	30:22.30	36
Mark Aylward	30:28.40	37
Rennie Khan	30:41.10	38
Mike Mcwatt	31:13.40	39
Jaelyn Peters	31:31.30	40
Dan Jones	31:31.80	41
Raheel Bashir	31:38.60	42
Devin Conolly	31:41.20	43
Marna Louw	31:56.90	44
Paul Ebanks	32:03.90	45
Eric Wilson	32:04.60	46

Jason Horton	33:00.80	47
Melanie Johnson (nee Harbron)	33:15.70	48
Lisa Branch	33:17.60	49
Luke Dodson	33:30.60	50
Rumbidzai Kasuda	33:46.50	51
Samantha Henndings	33:49.70	52
Kim Dennison	33:51.20	53
Joel Dodson	34:06.70	54
Matthew Dodson	34:06.70	55
Nchane Jere	34:13.60	56
Kirsty Fenner	34:24.00	57
Natasha Playne	34:42.90	58
Maria Parchment	34:47.10	59
Maria Gramenova	34:52.30	60
Cara Verhoeven	35:00.50	61
David Luu	35:13.00	62
Michella Powell	35:24.80	63
Anu Abraham	36:07.80	64
Maria Leonce	36:36.80	65
Lilly Bodden	36:36.80	66
Leslie-Ann Ruben	36:45.80	67
Chantell van Dyk	36:54.20	68
Jay Langridge	36:55.70	69
Thomas Penner	37:04.30	70
Mike Penner	37:22.40	71
Suzanne Jensen	37:32.00	72
Ian Lomas	37:47.60	73
Lavinia Jones	37:54.80	74
Tiashia Williams	37:54.80	75
Kristen Lomas	37:55.70	76
Francois Du Toit	38:22.60	77
Laura Mclaughlin	38:32.50	78
Emma Mcnamee	38:45.00	79
Jed Ancheta	39:09.10	80
Jana Tatarkin	39:10.00	81
Nik Tatarkin	39:10.30	82
Conrad Clint Mendoza	39:46.70	83
Wendy Gaze	39:48.10	84
Annick Pasquali	40:08.00	85
Francoise Minzett	40:08.60	86
Andrea Leo	40:18.30	87
Joseph Ting	40:19.30	88
Carolyn Du Toit (nee Wilson)	40:34.50	89
Monique Henry	41:19.40	90
Miranda-Claire Iddon	42:02.80	91
Kenneth Figueira	42:28.90	92
Alex Gaze	43:44.50	93

Joan West-Dacres	44:00.90	94
Nayeli Dacres	44:03.20	95
Arshid Iqbal	44:06.80	96
Kasey Vdovina	44:13.80	97
Kirstie Miller	44:44.60	98
Angela Jere	45:01.80	99
Baron Jacob	45:12.90	100
Michele O'Donovan	45:58.60	101
Rebecca Doxey	46:25.50	102
Corleen Goodman	46:37.30	103
Diane Welds	46:41.60	104
Agueda Blake	46:41.70	105
Catherine Ruzol	47:42.40	106
Randal Daije	47:43.10	107
Carla Drysdale	48:19.00	108
Asha Daya	48:30.60	109
Marjorie Mendoza	48:53.80	110
Jade Jere	49:07.30	111
Rosario Scott-Jefferson	49:46.40	112
Mary Jane Scott	49:50.30	113
Joe Torbey	50:19.90	114
Kenroy Sutherland	50:21.50	115
Melanie Snyman (nee Bokelman)	50:36.90	116
Kendra Dickson	50:46.90	117
Carole Brisson	50:50.60	118
Krishna Bammidi	51:14.90	119
Prashant Roy	51:18.50	120
Suzanne Wendland	51:19.00	121
Jobelle Daquis	51:33.40	122
Emma Mutomba	52:08.30	123
Abby Chikuruwo	52:09.80	124
Masciline Chinongoza	52:11.00	125
Jackie Geils	52:29.40	126
Presentha Govender	52:50.60	127
Umair Ashraf	53:19.50	128
Bernadette Myles	53:40.30	129
Marion Jones	54:12.70	130
Sharon Lexa Lamb	54:12.80	131
Violet Watiri	59:55.90	132
Lorua Angus	1:03:24.90	133

<u>Name</u>	<u>Final Result</u>	<u>Overall Place</u>
Marius Acker	37:40.10	1
Matthew Volkwyn	41:51.40	2
Stuart Bray	43:14.70	3
Jan-Daniel van Deventer	43:45.20	4
Phill Thompson	48:03.00	5
Cam Mcwatt	48:59.60	6
Kevin Huys	49:18.00	7
Lauren Hogan	50:19.10	8
Norman Mcgregor	50:29.90	9
Chris Burke	50:39.50	10
Paul Strenk	51:01.80	11
Kiara Jeggo	52:29.90	12
Kelly Dawson	53:49.80	13
Richard Kerr	55:11.00	14
Krysten Schieltz	55:13.60	15
Jacqui Retief	55:19.70	16
Anita Warhurst	55:21.30	17
Barend Oberholzer	55:40.30	18
Jessica Redhead	56:28.20	19
Lenin Perumalsamy	56:30.40	20
Warren Hartley	56:52.00	21
Heather Francis	57:05.80	22
Steven Clark	57:15.90	23
Hugh Dickson	57:23.10	24
Dale Williams	1:00:21.30	25
Bianca Brown	1:00:53.50	26
Jimmy Dontas	1:02:23.90	27
Elizabeth Muschamp	1:02:49.80	28
Y. Hemry	1:03:48.70	29
Felicia Connor	1:03:49.00	30
Jason Wong	1:05:40.30	31
Dianne Trebble	1:07:41.00	32
Sarah Ramkhelawan	1:13:43.60	33